

# FREAKS NZ WAIVER

In consideration of my being permitted to participate in Freaks Jiu Jitsu classes, I, the student (or parent/caregiver of a student), for myself, my heirs, executors, administrators, successors, assigns, and anyone else who may claim on my behalf, waive and forever release all claims, liability, and damages I may now or in the future have against Freaks NZ, its directors, officers, instructors, staff, and all persons acting under its authority (and their respective heirs, executors, administrators, successors, and assigns) arising from my involvement in or presence during classes, including but not limited to death, injury, property damage, or loss to my person or property of any kind, no matter how caused, including negligence or gross negligence, whether in whole or in part.

I will hold harmless and indemnify Freaks NZ against all third-party claims, demands, actions, damages, costs, and expenses.

## HEALTH ACKNOWLEDGEMENT

I will advise Freaks NZ of any changes in my/my child's health conditions, and acknowledge that Freaks NZ will not be held liable if I/my child gets injured during training at Freaks NZ.

The required physical exertion may be strenuous and cause physical injury, and I, the student or parent/caregiver of the student, am fully aware of the risks and hazards involved.

Medical emergencies: If you experience a medical emergency, contact 111 immediately. Freaks NZ cannot provide medical advice, diagnosis, treatment, or recommendations for any medical condition. Please consult your doctor or medical professional for any health concerns.

Student Name:

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Student or Parent/Caregiver Signature:

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Date:

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